




Cost of Living Adjustment Conversation Starters

for Virtual or Phone Negotiations




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*Hello! I'm excited for the opportunity to join the team in **[Projected City]**. I was looking over the offer and wanted to know if the cost of living was factored into my compensation. If it hasn't been, I'd like to discuss a cost of living adjustment based on research I conducted. Are you available to meet about this?*



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*Hello! I'm grateful for the job offer and opportunity to relocate to **[Projected City]** to be with the team. I wanted to see if you had time to discuss the possibility of including a cost of living adjustment in my compensation package.*



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*Hello! Thank you for this job offer — I'm excited about the position and the possibility of relocating to **[Projected City]**. Before accepting, I did want to highlight the **X%** cost of living difference between my current location and **[Projected City]**. Is there a good time to discuss an adjustment in pay to account for this change?*

